

Patient: Timothy Wells

DOB: 12/10/XXXX

Age: 9 y/o

Attending: Dr. B. Next

Allergies: NKA

MR#: 205

Diagnosis: New-onset Diabetes Mellitus-Type I

Gender: Male

Height: 4'0" Weight: 22.7 kg BMI: 15.2

Patient Chart

#205

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HISTORY & PHYSICAL

Chief Complaint: "When will the diabetes go away?" Here for a well-check physical exam to participate in an after-school sports program.

Informant: Student/parent.

HPI: Timothy diagnosed with T1D (Type 1 Diabetes Mellitus) three weeks ago. Only one parent & Timothy attended diabetes education classes offered in MD's office – the other parent has not received any diabetes care/management education.

PMX: Timothy described by parent as a "healthy child." Normal delivery/birth. No accidents/injuries. No previous hospitalization or surgeries. Parents and 2 other older siblings are in "good health."

DEVELOPMENTAL HX: Well-developed 9 y/o child with normal growth and development, milestones are normal for age. No deficits noted.

NUTRITIONAL HX: Parents report child has a "healthy appetite" and usually eats two meals a day with snacks. Currently in 5th percentile for height and weight. Recent weight loss associated with T1D onset.

FAMILY HX: Benign. Both sets of grandparents and parents are alive and well. No other family history of diabetes.

IMMUNIZATIONS: Up-to-date including Hib (*H. influenza type B*)

ALLERGIES: No known drug allergies (NDKA).

Review of Systems

GENERAL: Well-developed 9-year-old male child.

SKIN: Benign, no history of rashes, lesions or easy bruising.

HEENT: Benign, no problems with vision, no ear or nasal problems.

RESPIRATORY: No history of asthma, croup, wheezing, shortness of breath or cough.

CARDIOVASCULAR: No history of congenital heart problems, murmurs, cyanosis, physical activity normal without shortness of breath on exertion.

GENITOURINARY: Within normal limits (WNL) for 9-year-old male child.

MUSCULOSKELETAL: Full range-of-motion (FROM). No deficits.

NEUROLOGIC: Intact & appropriate for age. Play appropriate for age, enjoys friends. Reportedly does well in school.

ENDOCRINE: Recently diagnosed with T1D.

CURRENT MEDICATION:

Insulin

PLAN: None

Dictated: Dr. B. Next

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NURSING FLOW SHEET

DATE: Today					
VITAL SIGNS	TIME	Now	3 weeks ago		
	BLOOD PRESSURE	110/60	98/56		
	PULSE	100	96		
	RESP RATE	16	16		
	TEMP	97.9F	98.2F		
EVENT DOCUMENTATION					
DATE / TIME					
SIGNATURE					

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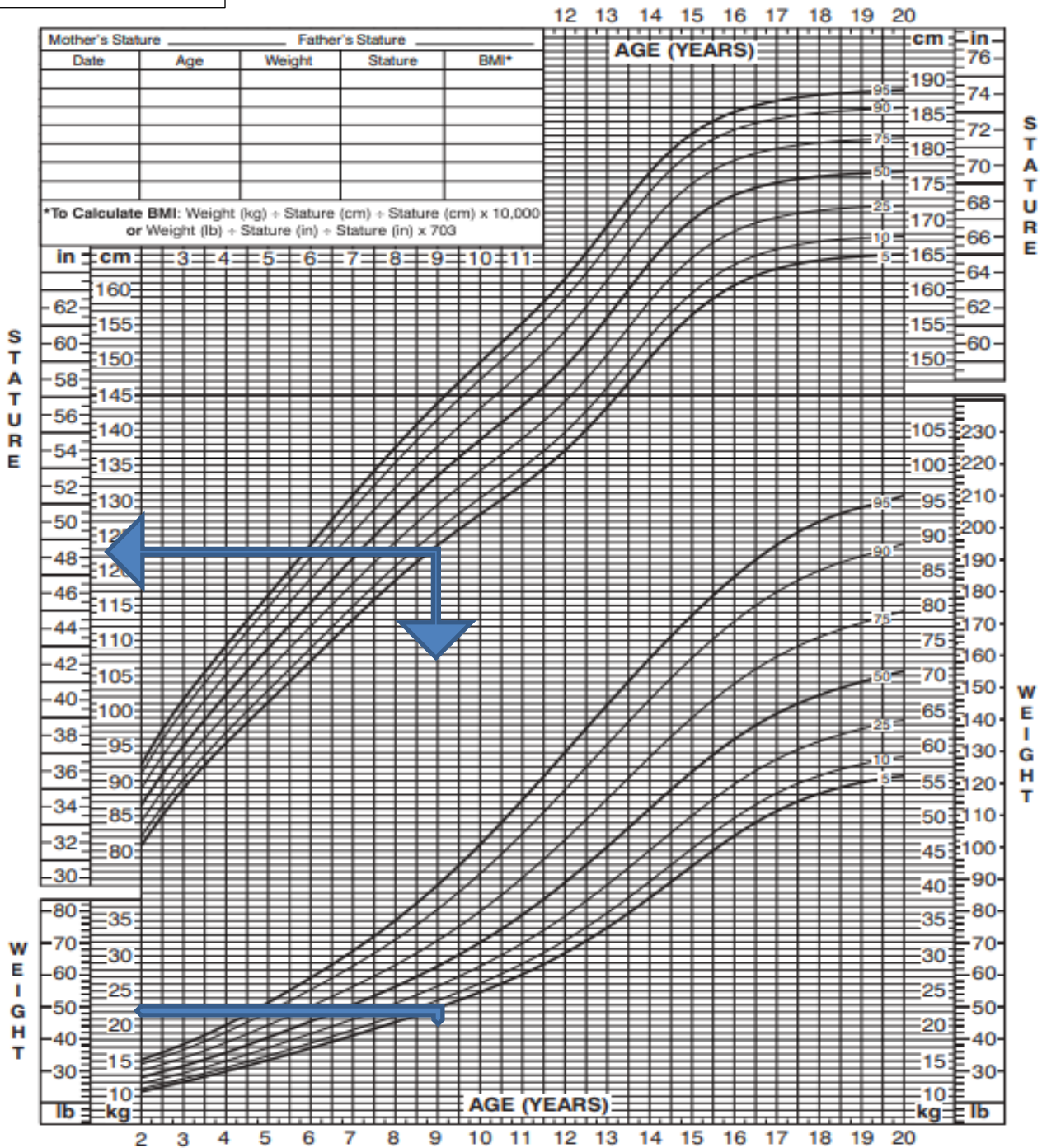
Height: 4'0" Weight: 22.7 kg BMI: 15.2

Date: Today

Time: Now

2 to 20 years: Boys

Stature-for-age and Weight-for-age percentiles



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 SOURCE: Developed by the National Center for Health Statistics in collaboration with
 the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>



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